

## PRE-PARTICIPATION SPORTS PHYSICAL EXAM

Vision: L20/\_\_\_\_ R20/\_\_\_\_ Both\_\_\_\_ Corrected: Y N BMI\_\_\_\_ (Wt in kg/ hgt in meters squared)

Height\_\_\_\_ Weight\_\_\_\_ Pulse\_\_\_\_ B/P (R arm)\_\_\_\_\_

Medical	Normal	Abnormal Findings
Appearance/Emotional Affect		
Head/Eyes/Ears/Nose/Throat		
Lymph Nodes		
Heart (squatting to standing and supine)		
Pulses (include femoral)		
Lungs		
Abdomen		
Genitalia (males only)		
Skin		
Musculoskeletal	Normal	Abnormal Findings
Neck		
Back		
Shoulder/Arm		
Elbow/Forearm		
Wrist/Hand		
Hip/Thigh		
Knee		
Leg/Ankle		
Foot		

May Participate in all sports, EXCEPT those listed below:

\_\_\_\_\_

May Participate after completing evaluation/rehabilitation for: \_\_\_\_\_

\_\_\_\_\_

May Not Participate – Reason: \_\_\_\_\_

\_\_\_\_\_

Recommendations: \_\_\_\_\_

\_\_\_\_\_

Signature of M.D. \_\_\_\_\_ Date of Exam: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Office Stamp

Phone Number: \_\_\_\_\_

Extra Space for "YES" answers from the front: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Developed 2003-2004 by the Richland County (South Carolina) School District One Task Force On Athletic Health Issues following a review of related information from the American Academy of Family Physicians, American Academy of Pediatrics, American Medical Society for Sports Medicine, American Orthopaedic Society for Sports Medicine, American Osteopathic Academy of Sports Medicine, the South Carolina High School League and the National Federation of State High School Associations. Revised 011807 by the SCMA Medical Aspects of Sports Committee